

HarmoniUP!

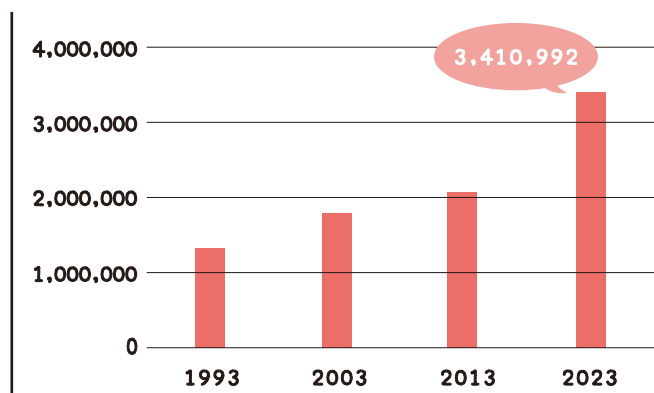
Scan here
for the
HarmoniUP!
website



Creating a society where both Japanese and foreign nationals can live and shine.

The number of
foreign nationals
living in Japan has
doubled over the
last 30 years.

Change in the number of
foreign nationals living in Japan



Top 3 home countries of
foreign nationals
living in Japan (as of 2023)



1st China (821,838)

2nd Vietnam (565,026)

3rd Republic of Korea (410,156)

Top 3 prefectures where
foreign nationals live
(as of 2023)



1st Tokyo (663,362)

2nd Aichi (310,845)

3rd Osaka (301,490)



As of December 2023, there were 3.41 million
foreign nationals living in Japan,
and the number of foreign nationals working
in Japan exceeded 2 million.

The Government of Japan is pursuing various
initiatives to help people from different backgrounds
live, work, and learn together.

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The medium- to long-term project by the Government of Japan to bring about a society where Japanese and foreign nationals live together harmoniously!

Living and coexisting with foreign nationals



Introducing the roadmap for the realization of a society of harmonious coexistence with foreign nationals.



Realizing a society of harmonious coexistence with foreign nationals is a very broad topic, and it's not clear what kind of society we will create. That is why we have created a roadmap that shows the ideal society of harmonious coexistence with foreign nationals, the medium- to long-term issues to be addressed, and specific policies.



Let's create harmonious coexistence together!



Scan here for the roadmap website!



Scan here for the comprehensive measures website!

The Three Visions for a Society of Harmonious Coexistence with Foreign Nationals

1 Safe and Comfortable Society

A society built together with foreign nationals. A society where all people can live safely and comfortably.



2 Diverse and Vibrant Society

A vibrant society in which people from different countries and cultures can fully participate and contribute.



3 Society that Respects Individual Dignity and Human Rights

A society in which the dignity and human rights of all people are respected, and all are free from discrimination and prejudice.



The Four Medium- to Long-Term Issues to be Addressed

1

Create opportunities for foreign nationals to learn Japanese language and culture to enable them to participate more actively in society.



2

Communicate more information to foreign nationals and make it possible for them to seek advice on various matters.



3

Provide support tailored to each person's lifestyle.



4

Create systems that enable all people to live comfortably.



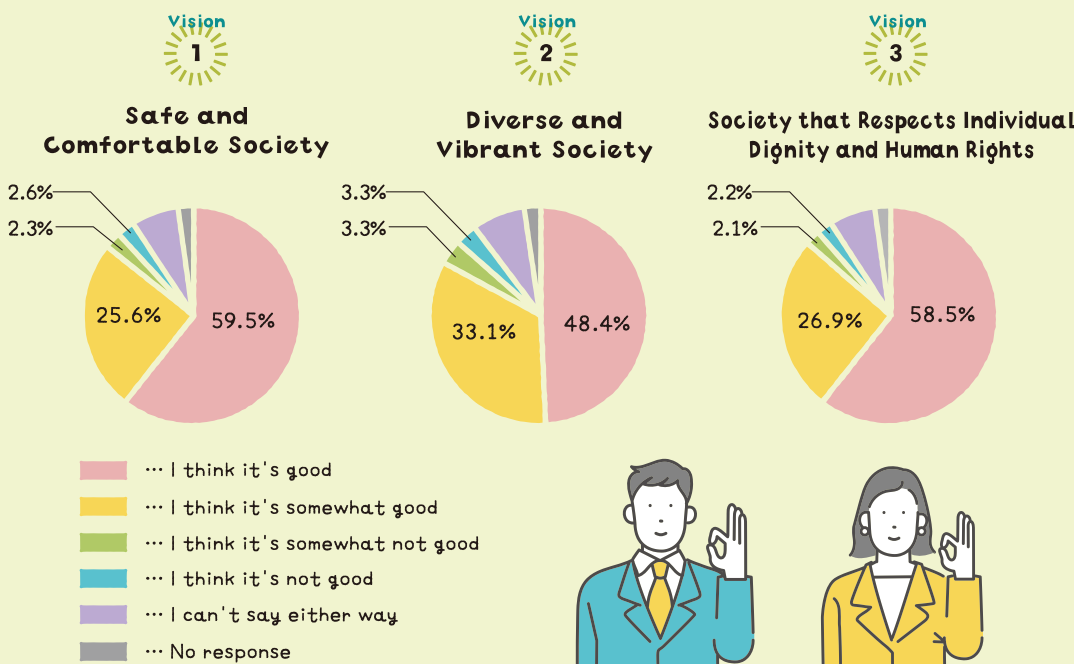
We asked Japanese people what they think about **harmonious coexistence with foreign nationals!**



Q

What do you think of **the three visions** in the roadmap?

A



Q

What do you want **foreign nationals** to do for the realization of a **harmonious coexistence society**?

A

- Follow Japanese **customs and societal rules** **77.5%**
 - Learn the Japanese **language and culture** **60.7%**
 - Interact with **local residents and participate in community activities** **37.8%**
-

Q

What can you do to **realize a harmonious coexistence society**?

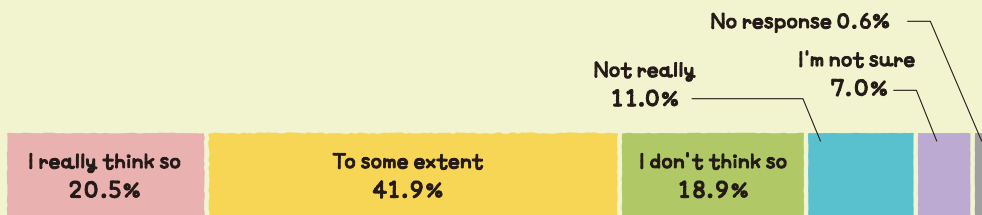
A

- Try not to have a **discriminatory attitude** towards foreign nationals **66.2%**
- Exchange **daily greetings** with foreign nationals in my neighborhood **43.5%**
- Learn **foreign languages, cultures, and customs** **40.7%**

Q

Do you feel that the number of **foreign nationals working in Japan** has increased?

A



Q

What do you **expect** from **foreign nationals working in Japan**?

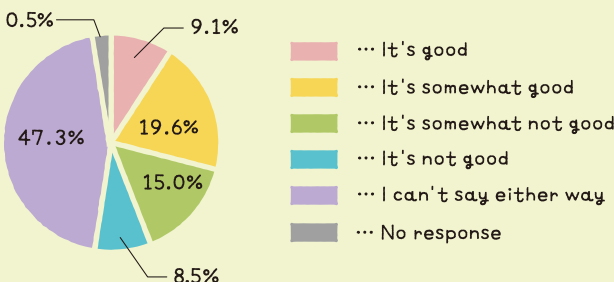
A

- Japanese **language proficiency** **60.8%**
 - Understanding of Japanese culture** **59.4%**
 - To be **healthy and willing to work** **48.9%**
-

Q

What do you think about the increase in **foreign nationals in local communities**?

A



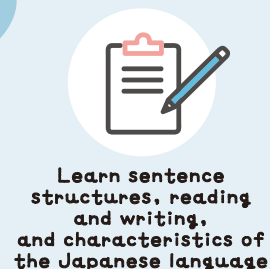
Website for
Learning Japanese
Language

Learn Japanese using **TSUNAHIRO**: Connect and Enhance Your Life in Japan



TSUNAHIRO is a website where foreign nationals can learn Japanese to use in their daily lives. The website features numerous videos that are separated into three learning levels.

Perfect for people who have just started living in Japan or those who are learning Japanese for the first time!



Scan here for the TSUNAHIRO website!

POINT

18 languages supported
200 videos available!

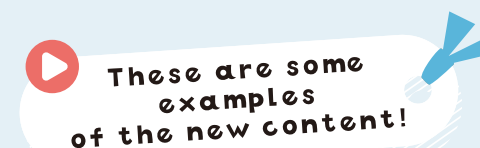
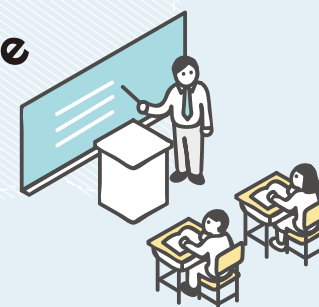
Bonjour
French was added in December 2023!
Merci beaucoup



You can study various situations like shopping, hospitals, delivery services, banks, trains, and more!



In March 2024, 40 new videos on the topic of **raising children** were added to **TSUNAHIRO**!



Consulting About Childbirth



Using Childcare Facilities



Preparing for Starting School



Taking Your Child to the Hospital

Attention all children who are preparing to attend Japanese schools and their parents!

These animations introduce what school life is like in Japanese elementary schools. You can start your school life with confidence by watching these videos!



Nice to Meet You!
Let's be Friends!



Tell Me About
Elementary School in Japan!



The videos are posted on the Ministry of Education, Culture, Sports, Science and Technology's official YouTube channel!



Easy
with Video!

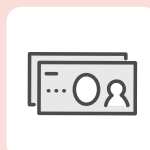
Learn About Life in Japan by Watching Videos for the Daily Life Orientation!



We've created videos with useful information to help you live and work in Japan with peace of mind. Through these videos, you can learn about important things such as work, money, traffic rules, and more. Be sure to check them out!



Some of the
video topics!



Taxes



Disasters



Healthcare



Traffic rules



Rules of daily life



Working



Situations where
the videos will
be useful!



When you are feeling worried before coming to Japan or after arriving



As support materials for explanations to foreign nationals at government offices



As training materials at companies where foreign nationals work

Scan here to access Videos for the Daily Life Orientation!



Check it out!



Easily find what you are looking for!

Guidebook on Living and Working

Scan here for more information!



This is a guidebook that contains information necessary for living and working in Japan. It is updated annually and published in 18 languages and Plain Japanese.

Guidebook on Living and Working



Let's Think About
Harmonious Coexistence with
Foreign Nationals

Every January is **LIFE IN HARMONY PROMOTION MONTH**



LIFE IN HARMONY PROMOTION MONTH

Building a society of harmonious coexistence with foreign nationals requires both Japanese people and foreign nationals to have an awareness of building society together.

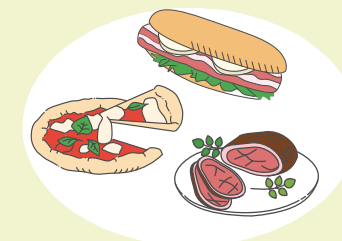
That is why we have designated every January as "LIFE IN HARMONY PROMOTION MONTH," and carry out various initiatives.

ALL TOGETHER FESTIVAL

/ Some of the events we plan! /



Hands-on workshops



World food section



Polaroid photo sessions in national costumes of various countries



These are just some of the events we hold to enliven the month! There are also many stage performances and workshops where you can learn about other countries' cultures. Be sure to come and join in the fun!

Note: Event content changes every year.



We also provide outreach lectures!

How many foreign nationals live in Japan?



What is Plain Japanese?

To raise awareness about coexistence with foreign nationals from a young age, immigration officers are sent to elementary and junior high schools nationwide every January to conduct outreach lectures.

Scan here for notifications about events and outreach lectures.



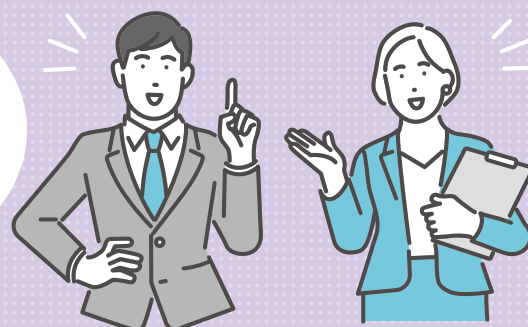
Support Coordinator for Foreign Nationals provides support to foreign residents who are facing problems living in Japan!



Scan here to access the website.

What is a Support Coordinator for Foreign Nationals?

We provide support in consultations from foreign nationals who face problems in their lives.



We prevent problems by providing accurate information at daily life orientations.

Support Coordinator for Foreign Nationals provides accurate information to foreign nationals and supports them to prevent problems.

When foreign nationals face problems, they can receive some advice to solve problems.

The immigration Services Agency started training program to develop Support Coordinator for Foreign Nationals in August 2024.

Q&A

Q What can I consult about?

A

You can consult about various matters, including work, child-raising, and illness.

Q Where can I find a coordinator?

A

They will work at your local Information Counter for foreign nationals.

For Local Government Agencies

Please utilize **the subsidies to improve the acceptance environment for foreign nationals** if you will establish and operate consulting counters where foreign nationals can seek help with confidence.

When foreign nationals face problems in their daily lives in Japan, it is not always easy for them to find information on their own or to ask someone for help.

That is why we provide subsidies to local government agencies to establish and operate consulting counters that provide essential information for everyday life in many different languages.



Employment



Welfare



Medical care



Residence procedures



Childbirth



Childcare

and more...

Scan here for more information.



For consulting counters at local governments

We offer interpretation service!

Interpreters can provide support for conversations between consulting counter staff and foreign nationals!

Advance registration is required

Support is provided in 20 languages

- Support is available from 8:30 am to 5:15 pm on weekdays.
- The service is free. (Users will pay call charges.)



Handbook for employees of local government agencies



259 local government agencies have been selected to receive subsidies in 2024 (as of April 2024).

For employers
of foreign
nationals



To protect your employees from injury at work, you can use educational materials specially made for you and your employees.

To protect employees from injury at work, employers are required to give special training to the employees at the timing of hiring and giving them another kind of task. Employers need to make sure their foreign employees understand the training. For this, the Ministry of Health, Labour and Welfare provides training materials in several languages or made audiovisually for free.

Learn about workplace safety and health through Manga

Manga-based teaching materials especially for newly hired employees

Examples:

Ready for several industries

- Manufacturing
- Construction
- Freight transportation
- Retail
- Nursing care



Available in 14 languages, including Vietnamese, English, Tagalog, and Chinese.

Access the materials here



audiovisual version available here



The Ministry of Health, Labour and Welfare provides manuals for employers so they can provide safety training effectively to their unskilled employees.



Manual for employers to provide safety training effectively



Additional Materials for Skill Training Course

Stay Safe Even During Sudden Disasters with **Safety Tips!**



Scan here to access the website.

Japan is a country prone to natural disasters. As a result, the "Safety Tips", developed with oversight from the Japan Tourism Agency provides disaster information to help foreign visitors feel safe while traveling.



Warning information



Learning Materials



Evacuation information

Dial 110 for police
Dial 119 for fire or ambulance services
Emergency contact information

and more...

Available in 15 languages

For example, during an earthquake...



Push notifications for earthquake early warnings



The app even tells you what to do!

Free to download and use



Android



iPhone



Support for Foreign Nationals in **Looking for Rental Housing!**



Wide-ranging support is provided to overcome language and culture barriers and make it easier for foreign nationals to rent rental housing.



For foreign nationals



Useful for when looking for Rental Housing in Japan!
Apartment Search Guidebook

Provides basic information on how to look for Rental Housing
Guide to Looking for a Home

For landlords and real estate agents



Guidelines for Facilitating Looking for and Moving in Rental Housing for Foreign Nationals

Scan here for more information



The Japan Pension Service website for foreign nationals provides an easy-to-understand explanation of the pension system!



All people living in Japan between the ages of 20 and 59, including foreign nationals, have to enroll in the National Pension. On the Japan Pension Service website, you can read explanations and notices about the pension system in English and plain Japanese.

What is the pension system?



The pension system supports the lives of those who are unable to work due to age, disability caused by accident or illness, or families where the main breadwinner has passed away.

Here's what's included!

- National Pension
- Employees' Pension Insurance
- Health insurance
- Receiving pension, and more



Watch the **Video!**

Scan here to access the website.



Public pension system you need to know

Videos for foreign nationals are available that explain how the public pension system works, and the necessary procedures required to enroll!



Available in six languages!*

*English, Chinese, Korean, Portuguese, Vietnamese, Tagalog



Scan here to access the website.



Other Initiatives

The Government of Japan is developing various initiatives in addition to the policies outlined in the previous pages. Please check the Roadmap or government websites for the latest information.



Roadmap



Comprehensive measures

Immigration Services Agency

Operation of the Daily Life Support Portal for Foreign Nationals.



Ministry of Health, Labour and Welfare

Operation of the Medical Information Network (Navii) which is a multilingual website that allows users to search for medical institutions and pharmacies throughout Japan.



Ministry of Internal Affairs and Communications

Promotion of research into multilingual translation technology
Introduction of Speech Translation Application: VoiceTra.



Ministry of Justice

Operation of Foreign-language Human Rights Hotline and Human Rights Counseling Services in foreign languages on the Internet.



Financial Services Agency

Improvement of the convenience of financial services for foreign nationals, such as opening bank accounts.



National Police Agency

Enhancement of the awareness of Japanese traffic rules and other regulations.



Children and Families Agency

Creation of multilingual versions of the Maternal and Child Health Handbook.



Ministry of Foreign Affairs

Provision of educational materials to acquire communication skills in Japanese for work and daily life in Japan.

